South Westman Regional Health Authority Inc.

1999/2000 Annual Report

South Westman
Regional Health Authority Inc.

Vision

Maximum Health & Wellness for the people in South Westman.

Mission

Improved Health Status for all Individuals, Healthy Communities, Healthy Environment and Quality of Life for Seniors and People with Disabilities or Chronic Conditions.

Values

The Board Values:

- Dedication, contribution and appreciation of staff and volunteers.
- Integrity, vision, sensitivity, creativity, consistency and fairness in all decisions, actions and communication.
- Respect for individuals' rights and responsibilities.
- Quality care, and promotion of wellness.
- Fiscal responsibility.
- Timely, honest and effective communication with all people in the region.
- Positive staff morale.
- Physical, mental and spiritual well-being.
- Health research and education.

- Adopted by the SWRHA Board
February 1999

101-01028/

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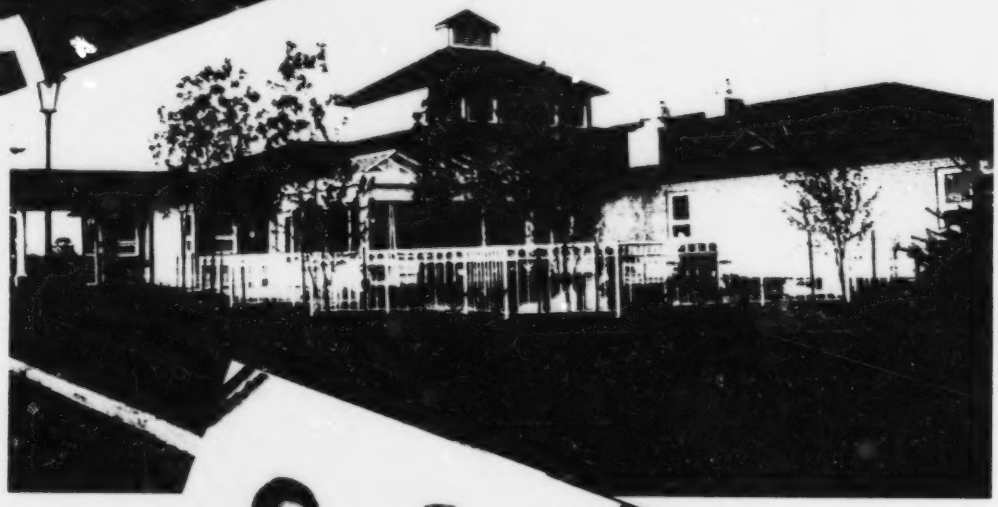
The South Westman Regional Health Authority would like to thank you for your interest in our 1999/2000 Annual Report. If you require additional information or clarification regarding the contents of this report, please contact:

South Westman Regional Health Authority
Box 579 Souris, Manitoba R0K 2C0
Phone #: (204)483-5000 or Toll Free 1-888-682-2253
Fax #: (204)483-5005



SW South Westman Regional Health Authority

BOARD OF DIRECTORS' REPORT

It is with great pleasure that I present, on behalf of the governing Board of Directors, the South Westman Regional Health Authority's Annual Report for the fiscal year April 1, 1999 through March 31, 2000. This document was prepared in accordance with *The Regional Health Authorities Act.*

The South Westman Regional Health Authority Board continues in their development as a team. With the ever increasing challenges of providing quality health services in the face of financial and human resource issues, the Board continues to forge ahead. In May 1999, the SWRHA Board began a planning process to ensure the provision of quality services that are sustainable. The planning process is still ongoing.

Some of the faces on the Board have changed this year as we said goodbye to six members: Mr. Peter Derkach, Mr. David Franklin, Mr. Robert Nay, Ms. Leanne Rowat, Mr. Bryan Tyerman, and Mr. Dallas Watt. With the appointment of four new members, two Board seats remain vacant. The members of the South Westman RHA Board of Directors for 2000 / 2001 are:

Mr. Bill Bryant (Chair)
Ms. Betty Christie
Ms. Kristine Janz
Mr. Charles Lowes
Ms. Pat Mitchell
Mr. George Torrance
Mr. Kevin Weidenhamer
Ms. Barb Bolack
Mr. Robert Didluck
Mr. Glen Langton
Ms. Carole McCausland
Ms. Pat Phillips
Mr. Ted VanDeKerckhove

The District Health Advisory Councils and the Provider Advisory Council continue to provide valuable support and advice to the RHA Board. In December 1999, these Councils met to review and provide feedback on the Board's ENDs statements. The feedback and comments received provided validation to the Board on their ENDs statements development. The DHACs and PAC will continue to play a vital role as advisors in future planning of the Board.

The Board would like to take this opportunity to thank each and every member of these Councils for their commitment to quality health care in South Westman. The members of the South Westman RHA District Health Advisory Councils and Provider Advisory Council are:

District Health Advisory Council # 1:

Evelyne Pateman	Rick Plaisier	James Penner
Bernice Walker	Manson Moir	Ken Carels
David Day	Lori Main	Vaughn Ramsay
Corrine Nesbitt	Bill Warren	Terry Johnson
Lynn Downey		

District Health Advisory Council # 2:

Hazel Andrews	Gordon Powell	Mary Morden
Debbie Briggs	Cecile McMurray	Lori Shupena
Arva Fuller	Debra McCallum	Eleanor Struth
Shirley McLeod	Sally Drewry	Dorothy Thiessen
Carol Reimer	Jack Garabed	Joan Bomford

District Health Advisory Council # 3:

Dorothy Dobson	Stan Kozak	Dolores Ehnes
John Hamilton	Hugh Fraser	Roberta Allan
David Shaw	Marlene Stevens	Sheila Dearsley
Doris Campbell	Muriel Hill	Karen Paulsen
Martin Anderson		

Provider Advisory Council:

Georgette Gillis	Rodney Jones	Pat Cochrane
Colette Tellier	Nancy Birks	Virginia Smith
Brenda Wiebe	Katherine Morrison	Maureen Johnson
Lori Klein	Lorraine Rutherford	Louise Pinkerton
Marnie Heath	Kathy Beernaert	

We would like to take this opportunity to thank our staff throughout South Westman for their commitment and vision. Without you, we could not offer the quality health services the residents of South Westman deserve.

Finally, thank you to our clients, patients, residents and community members for their patience, cooperation, participation and support during 1999 / 2000.

Bill Bryant,
Chair

SW South Westman Regional Health Authority

BOARD OF DIRECTORS
2000 / 2001

Bill Bryant, Chairman (Appointed 1996; Re-appointed 2000): Bill, a retired Community Mental Health Worker, resides in Melita, Manitoba. Bill has many community interests and involvements.

Betty Christie, Vice-Chair (Appointed 1996): Betty, a statistician, resides in Glenboro, Manitoba. Betty serves as Deputy Mayor of the Town of Glenboro.

Pat Mitchell, Treasurer (Appointed 1997): Patricia is a partner and office manager of K.E. Mitchell & Co, a Certified General Accounting firm in Virden, Manitoba. Pat also serves as secretary for the Virden and District Health Auxiliary.

Robert Didluck, Secretary (Appointed 1996): Bob is the Secretary - Treasurer for the Fort La Bosse School Division. Bob resides in Virden, Manitoba.

Barb Bolack (Appointed 1999): Barb and her husband own a grocery store in Baldur. Barb was an active member of the School Board for nine years and is involved in many community projects.

Kristine Janz (Appointed 2000): Kristine is owner / operator of "Sal's", a restaurant in Baldur. Kristine is currently on the executive of the Tiger Hills Arts Association and the Baldur & District Recreation Association.

Glen Langton (Appointed 1999): Glen is retired from school administration. He works avocationally as an entertainer and serves as Mayor of the Village of Cartwright. Glen is also president of the Cartwright and Area Foundation Inc.

Charles Lowes (Appointed 1999; Re-Appointed 2000): Charles is a bus driver for the Fort La Bosse School Division and resides in McAuley, Manitoba. Charles previously served as Reeve for the RM of Archie.

Carole McCausland (Appointed 2000): Carole is employed with Canada Customs and Revenue Agency as an Administrative Assistant. For eighteen years, Carole served as a trustee on the Turtle Mountain School Division board. Carole resides in Boissevain, Manitoba.

Patricia Phillips (Appointed 1999): Pat is a retired Registered Nurse with 25 years experience in South Westman and northern Manitoba hospitals. She is presently involved in several community organizations in Hartney, Manitoba.

George Torrance (Appointed 2000): George has been employed by the Souris Valley School Division as a school bus driver for the past 12 years. George is currently Reeve of the RM of Sifton and has been a councillor for several years. George resides at Griswold, Manitoba.

Ted Van De Kerckhove (Appointed 1999): Ted is farmer in the Treherne area. Ted serves as a director on the local Credit Union board.

Kevin Weidenhamer (Appointed 1999): Kevin is a farmer in Deloraine area and serves on various service clubs.

SW South Westman Regional Health Authority

EXECUTIVE TEAM REPORT

The conclusion of the 1999/2000 year marked three years of regional operations for the South Westman Regional Health Authority. This annual report provides the organization with the opportunity to reflect on achievements and progress over the past year and provides staff the opportunity to highlight their accomplishments. In an industry characterized by increasing demands and expectations within an environment of limited resources, this opportunity to celebrate successes is invaluable.

In January 2000 the retirement of two senior management staff once again provided the organization with an opportunity to revisit the organizational structure. At this time the Region reduced one Vice President position and moved from six Community Health Manager positions to five. Dr. Chris Burnett assumed the position of Chief of Medical Staff, in February 2000. Dr. Burnett has been a very welcome addition to the Executive Team.

While the roll over to the new millennium was, for many, a time of celebration, for many of the South Westman Regional Health Authority staff it was a time of anticipation following months of Y2K preparation. The South Westman Regional Health Authority acknowledges and commends all those involved for their input and participation into what ended up being a non-event - BUT WE WERE READY!!

The Region takes pride in being able, in 1999/2000, to sustain and improve regional operations in the face of increasing fiscal and human capital resource pressures. The 1999/2000 fiscal year marked the first year that the organization ended in an overall deficit position. Discussions continue with the provincial government to resolve funding challenges being experienced by the region. Human resource issues resulted in the need for the first time to temporarily suspend acute care and emergency services in one community in order to be able to afford staff needed vacation. Human resource and funding issues continue to be two of the region's most significant challenges - processes have been established with a multitude of stakeholders in an attempt to develop proactive responses to these challenges.

The South Westman Regional Health Authority continues to evaluate regional programs and services in terms of responsiveness, system competency, client/community focus and work life issues. The Regional Health Authority is

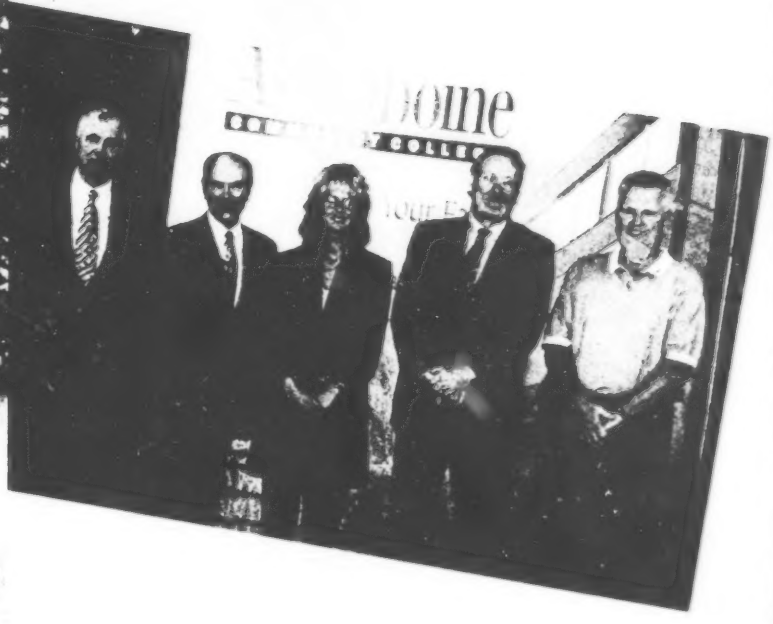
committed to involving stakeholders in planning for ongoing reasonable access to sustainable, quality health services in South Westman.

The Executive Team would like to take this opportunity to thank the South Westman Regional Health Authority staff for their continuing dedication and commitment particularly in light of the ever increasing demands the system and its inherent issues place on all of us. We remain optimistic that, through collaboration, cooperation and the ongoing commitment to client centred, quality health services, we will continue to meet and exceed the expectations of our patients/clients/residents.

To our communities, we thank you for your ongoing support and feedback throughout the past year. The Region remains committed to involving you in health planning processes and we look forward to ongoing consultation in the future.

South Westman RHA Executive Team

Penny Sorensen, VP – Health Services	John Rakai, VP – Corporate Services	Dr. Chris Burnett Chief of Medical Staff



SW South Westman Regional Health Authority

REGIONAL PROFILE

On April 1, 1997, the South Westman Regional Health Authority assumed responsibility for the delivery and administration of health services to meet the health needs in the South Westman region of Manitoba.

The South Westman RHA has an annual budget of $48 million dollars, manages 11 acute care centres, 18 long term care facilities, 15 ambulance services and employs approximately 1700 employees. The South Westman RHA provides a comprehensive range of health services including health promotion; health protection; acute care; long term care; home based care; mental health; palliative care; and development and rehabilitation support.

The boundaries of the South Westman Regional Health Authority are the Saskatchewan border to the west; the United States border to the south; the rural municipalities of South Norfolk, Argyle and Roblin to the east and generally the Trans Canada Highway to the north. This represents a geographical area spanning approximately 18,000 square kilometers. The primary economic base in South Westman is agriculture.

The total population for the South Westman region (as of June 1, 1998) is 34,693. The South Westman region experienced a 3% decrease in population from 1997 to 1998. Recent population projections, however, suggest a 6.1% increase in population by 2025. Compared with other health regions in Manitoba, South Westman has one of the highest percentages of population aged 65 years or older at 19.8% (1998). South Westman residents enjoy a relatively low rate of unemployment at 4.27 percent with the majority of the labour force employed in the service industries (55%) followed by the agricultural service industries (36%).

SW SOUTH WESTMAN RHA PROFILE:

"Who we Are - Those we Serve"

The arrival of the Year 2000 was a significant event in most people's lives. Future generations will ask with wonder "What was the year 2000 like?" or "How did you celebrate the arrival of the new millennium?"

There are a few special individuals in South Westman who not only celebrated the new millennium this year, but also celebrated a significant milestone birthday. Below are four of these individuals' stories.

Doris Dunlop - Elkhorn, Manitoba

Doris Dunlop (nee Wilson) was born in a home in Hargrave, Manitoba on April 6, 1900. She lived there, with her parents, 3 sisters and 4 brothers until 1905 when they moved to a farm west of Hargrave. Doris attended school in Hargrave walking a mile and a half to get there. In the winter, her Dad would take them to school in the cutter pulled by their horse named "Fly".

At the age of 18, Doris went to Brandon to attend Wheat City Business College. Upon completion of this course, she began working at Wheat City Tannery where hides were tanned and fur coats made. Doris left Brandon to pursue a life long career as a stenographer with Canadian National Railway in Winnipeg.

It was at CN that Doris met and married widower, John Dunlop, a draftsman in the CN pattern office. After their marriage, Doris and John built a cabin in the Whiteshell. John retired from the railway in 1964 and Doris retired in 1965. Following their retirement, Doris and John moved to Elkhorn to be closer to Doris' family. John passed away in 1981.

Doris remains in the same house that she and John purchased when they moved to Elkhorn. Living in South Westman has meant a safe, friendly, quiet place for Doris.

When asked about significant events in the last 100 years, Doris speaks of the war of 1914 where three of her brothers went to fight. Although each of the boys returned home from the battle, the effects of that war eventually took their lives.

Doris feels that the introduction of home based care services has been an important change in health care. Doris values Lifeline units available to seniors in our small communities.

Doris spent the day of her 100th birthday in her own home with the company of close friends, home care workers, neighbors and her cats. A family celebration took place a few days later where family traveled great distances to help "Auntie" celebrate this amazing milestone.

Mrs. Dunlop was interviewed by Jill Canart, Senior Services Coorinator - Elkhorn.

Margaret Robinson - Virden, Manitoba

Margaret Robinson was born Margaret Lucy Baragar on the home farm at Rounthwaite, Manitoba on September 10, 1899. She was the oldest of 12 children. The first school Margaret attended was on her grandparent's farm. Her grandparents had the largest family in the area at the time, so it was decided the school should be built on their land. Margaret attended Grade 1 here and her family then moved to Findlay where she continued her schooling up to Grade 8.

As a young woman, Margaret attended dances at the Findlay schoolhouse. It was at one of these dances where Margaret met her first husband - George Wardman. George played the violin and was a great singer. They married in 1921. George and Margaret farmed south of Virden and raised 3 children - 2 boys and a girl. George passed away in 1946. Margaret, now a widow with a young daughter to raise, moved to Virden to work as a cook at the Central Hotel.

In 1950, Margaret married Harold Robinson. He was a friend of hers from Oak Lake back when they were teenagers. They took up farming south of Oak Lake and resided there until 1971 when they retired to Virden. Harold died in 1978.

Margaret currently spends her summers in her own home and moves into the Sherwood Nursing Home for the winters. She enjoys spending time with the 5 generations of her family: 3 children, 7 grandchildren, 18 great grandchildren and 8 great great grandchildren.

When Margaret recalls significant events over the past 100 years, she talks about the 2 World Wars. Her oldest son fought in World War II. Margaret knitted socks and mittens and made quilts to send overseas along with other care packages that would include fruitcakes, cookies, honey and so on. Chocolate was rationed during this time, but the coupons would be saved until a package of chocolate bars could be sent overseas to her son who often gave them away to the children over there. Margaret recalls one fateful embarkment leave when her son came down with mumps and was unable to meet the Troop ship to return to Europe. That ship was torpedoed and sank killing all aboard.

Margaret believes people took more time to enjoy each other years ago. Even though there were no telephones, everyone knew when there was a house party. The word got out and people came from miles around. People would sit and visit and with the furniture pushed back, they danced. Someone in the crowd always played a violin or guitar.

When Margaret talks about the changes in health care, she thinks about how different things are today. Years ago, doctors were paid with a chicken, potatoes or whatever the family had. These doctors would travel to farms even in bad weather by horse and buggy wearing their buffalo robes for warmth. Today's healthcare, though, provides so many more programs and services, that Margaret would not change a thing.

Margaret has enjoyed her years in South Westman. She cherishes many great memories and appreciates the good friends and wonderful neighbors who have seen her through the good times and the bad.

Mrs. Margaret Robinson was interviewed by Leona Joseph - Seniors Services Coordinator - Virden

Mrs. Mary Scoles – Treherne, Manitoba

Mary was born in Treherne, Manitoba to Bridget Byrne and Joe Straube on December 25, 1896 weighing only 2 ½ pounds. Mary's mother was suffering from tuberculosis at the time of Mary's birth and passed away nine days later.

Mary's father owned the tinsmith and hardware business. In 1900, Joe married Margaret Brown. Through this marriage, Mary gained two half-sisters, Magdalene and Ellen (Nellie). Mary attended school in Treherne until grade 10 and then finished her high school at St. Mary's Academy in Winnipeg. Mary began her nursing training at Misericordia Hospital. Unfortunately, due to illness, Mary only completed six months of training and then headed back home to live with her family.

Mary was married in 1928 to Mike Scoles. Together they farmed near Altamont, Manitoba and raised their 4 sons: Joe, Pat, Jack and Ted. Mike and Mary relocated to Treherne in 1960. Mike passed away in 1981.

Mary remained living in her little house until 1993 when she fractured her hip. Mary now lives in the Treherne Personal Care Home.

Mary has had many hobbies and interesting experiences in her lifetime. Mary still enjoys bingo, music and entertainment, but her greatest joy is visits with her family including her fifteen grandchildren and 5 great grandchildren.

Mary Scoles was interviewed by Josie Robinson – MILES for Seniors

Mr. Carol Clark – Wawanesa, Manitoba

Thomas Alexander Carol Clark was born on June 12, 1900 to Nelson and Sarah Clark in their farmhouse outside of Treesbank. When Carol was 11, his family moved to Meadow

Lake, Saskatchewan to farm. After a few years, the family returned to Treesbank where Carol continued to farm with his father. In his early 20s, in addition to farming, Carol became involved in beekeeping – an interest that would keep him busy for many years.

Carol married Vera Lillian Dewart in 1933. Carol and Vera raised three children: Marvis, Irma and Richard.

Carol has enjoyed a busy lifetime with lots of special memories. Carol's lifetime interests have included growing gladiolas, collecting stamps and curling which he participated in until he was 94 years old.

Carol celebrated his 100th birthday with family and friends at a Come and Go Tea in Wawanesa.

Carol currently lives in the Wawanesa Personal Care Home.

Mr. Clark was interviewed by the staff of the Wawanesa Health Centre.

HEALTH STATUS OF THE POPULATION OF SOUTH WESTMAN

"Health status indicators are measures that serve as an indication of the state of health of individuals and thus the health of the overall population." (1996, Report on the Health of Canadians)

These indicators are divided into six (6) main categories:

- Length of Life
- Deaths
- Diseases and Conditions
- Ability to Function
- Well Being
- Determinants of Health

Indicators have been developed for each of these areas, and thanks to staff at Manitoba Health, timely information is now available on a regional basis as well as provincially.

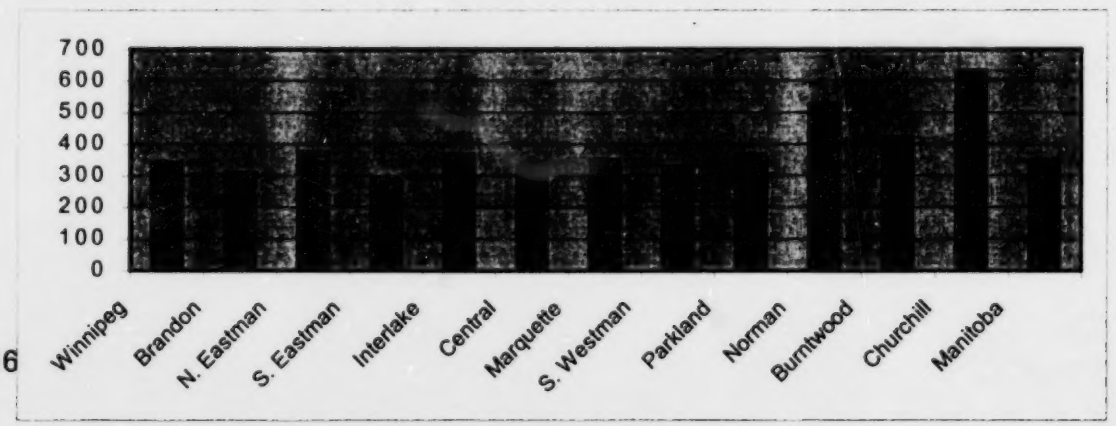
In order to give a snapshot of the health status of the people of South Westman region, samples of these indicators are described below. A list of all of the health status indicators used by the Regional Health Authority is included as Appendix D. Anyone wishing information on indicators not presented in this report can call the Regional Health Authority Office at (204)483-5000 or toll free 1-888- 682-2253.

Whenever possible, standardized rates are used in order that South Westman's population can be meaningfully compared with other regions.

LENGTH OF LIFE

One indicator used is **premature mortality rate** which is a measure of the number of deaths that occur before the age of 75 years. South Westman's rate is generally favourable when compared to other regions and Manitoba as a whole.

Average Annual Standardized Premature Mortality Rates by Region
Deaths per 100,000 Population
1994 - 1998 ***(Source: Manitoba Health 1999)***



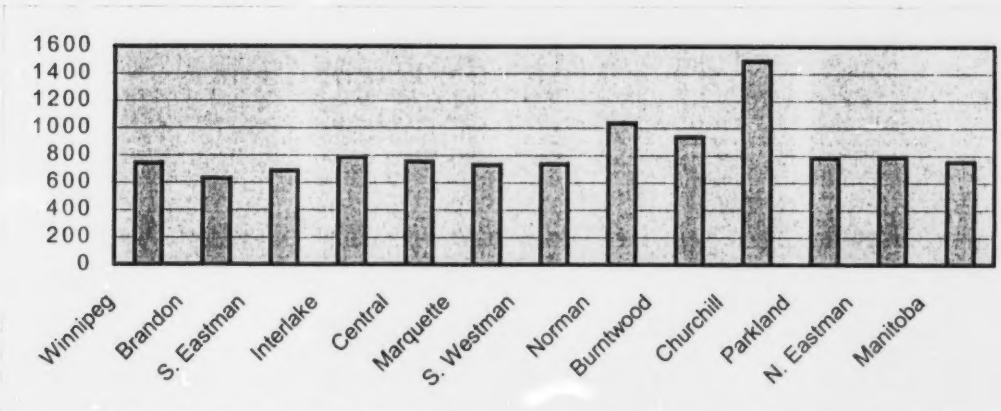
DEATHS

The **standard mortality (death) rate** is a broad indicator of mortality and looks at total number of deaths regardless of age.

Again when compared to other regions and Manitoba as a whole, South Westman's rate is in the lower range.

Average Annual Standardized Mortality Rates by Region
Per 100,000 Population
1994 - 1998

(Source: Manitoba Health 1999)

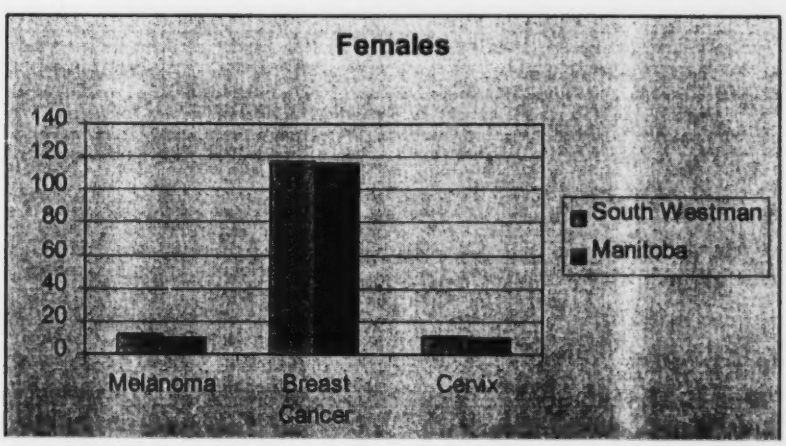


DISEASES & CONDITIONS

Incidence of Selected Cancers

The standardized rates of selected cancers as compared to Manitoba as a whole are as follows:

Standardized Rates (per 100,000 population)
of Incidence for Selected Cancers
1990-1996



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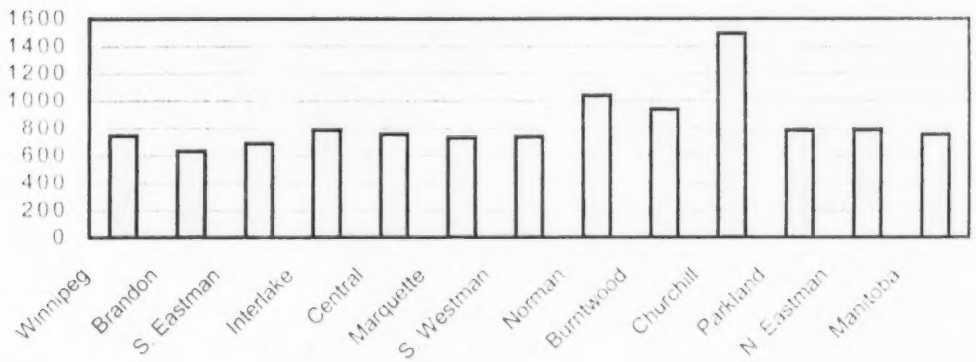

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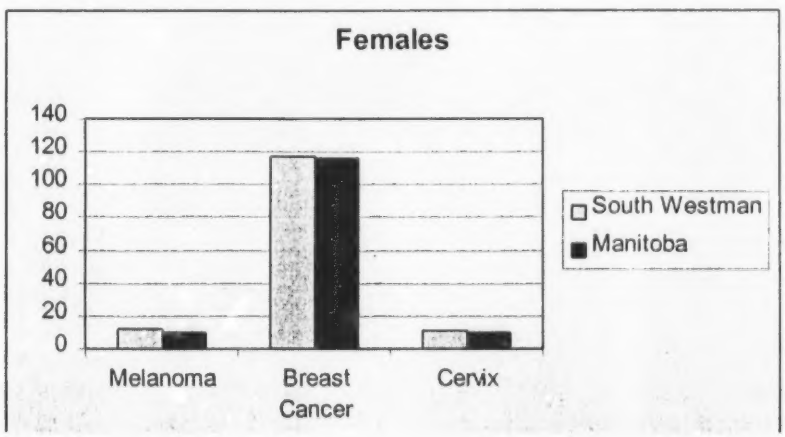
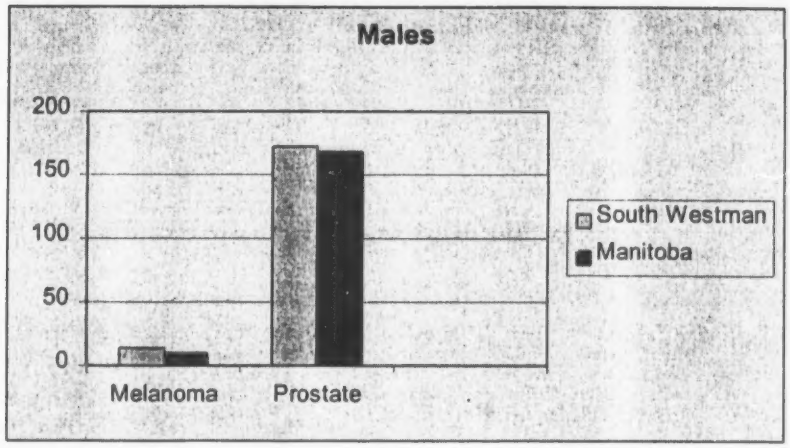


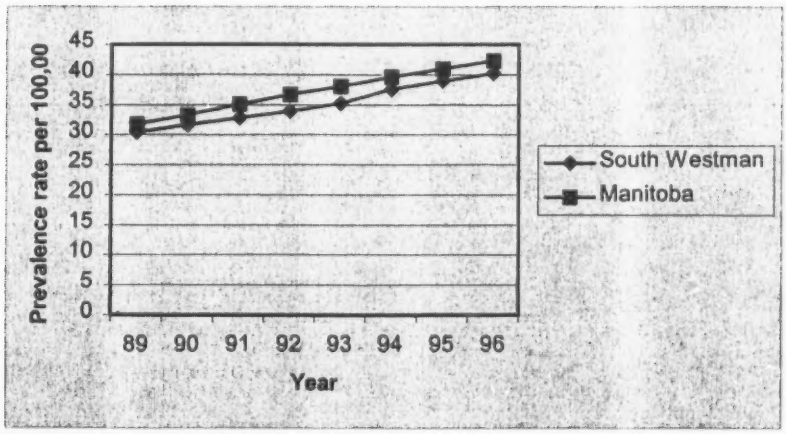


(Source: Manitoba Health 1999)

Prevalence of Diabetes

Prevalence refers to the number of existing cases in a given time period. As can be seen from the following graph, the prevalence of diabetes in our region has been steadily increasing over time. It may be projected that if the rate continues to increase, the burden of this illness on the lives of South Westman residents and the health services required will also increase.

Standardized Prevalence (per 100,000 population)
of Diabetes 1989 - 1996
South Westman

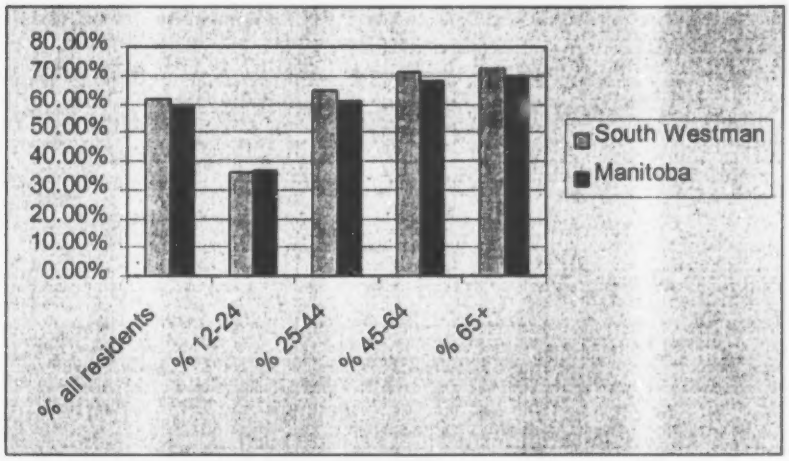


(Source: Diabetes Database, Epidemiology Unit)

Since Type 2 (adult onset) diabetes is largely preventable, future health planning which focuses on prevention and health promotion strategies will be required.

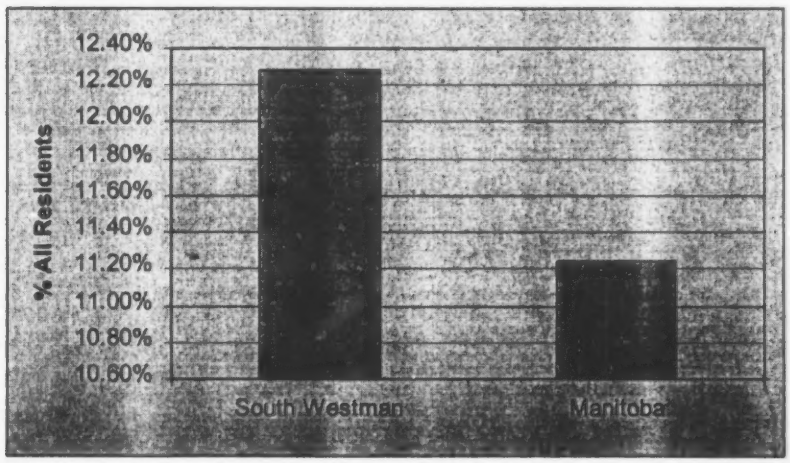
For example, if looking at South Westman's obesity and the proportion of the population with inactive leisure time, it is evident that effective education and behaviour change strategies are necessary in order to reduce these risk factors and hence the incidence of adult-onset diabetes.

Proportion of the Population with Inactive Leisure Time
(Proportion inactive = Population 12 or older inactive X 100)
Total population 12 or older

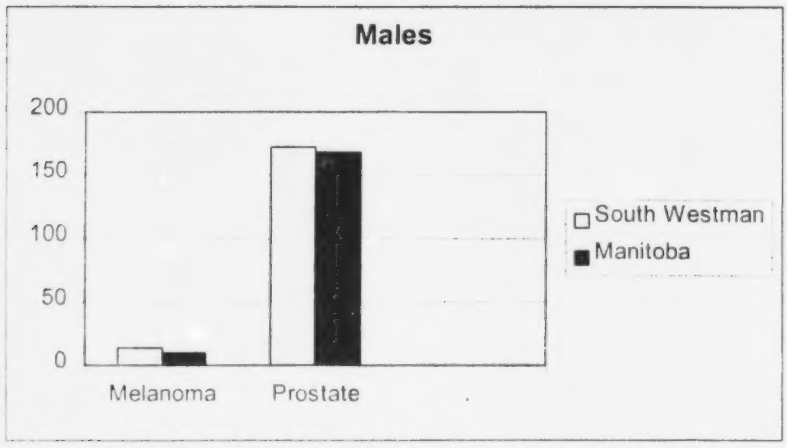


(Source: NPHS 1996)

Proportion of Obese Persons Aged 15+
(BMI equal to or greater than 30)



(Source: NPHS 1996)



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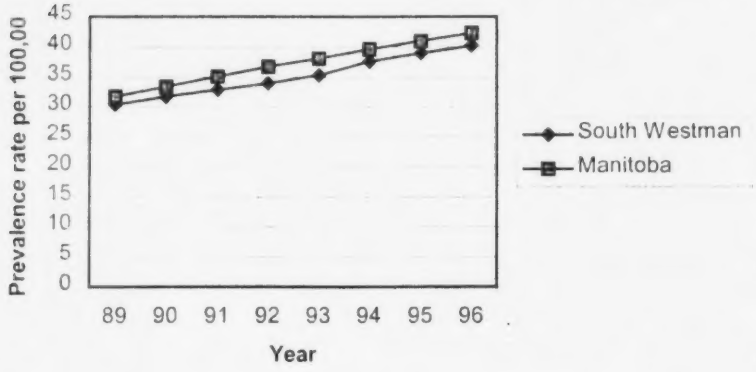

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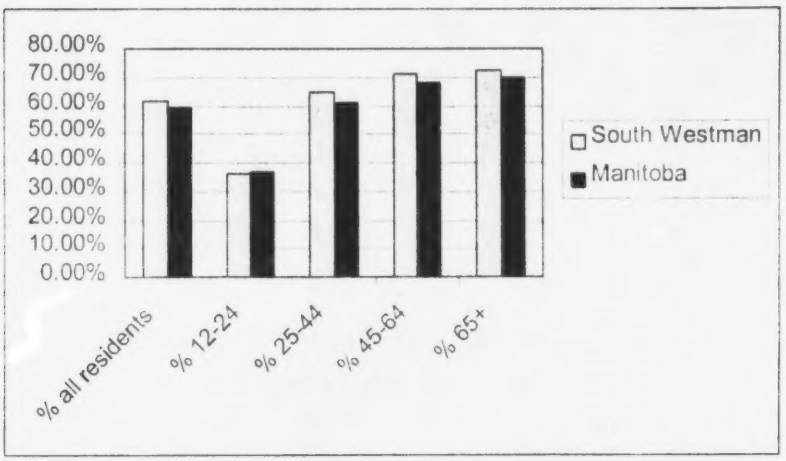
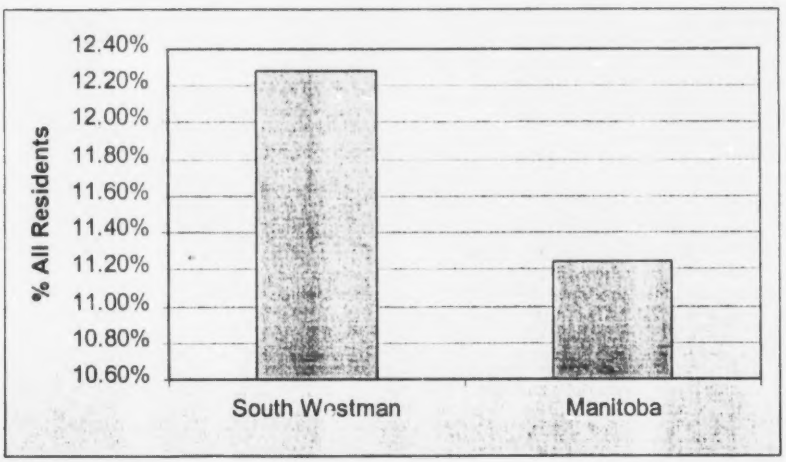


(Source: NPHS 1996)

Proportion of Obese Persons Aged 15+
(BMI equal to or greater than 30)



(Source: NPHS 1996)

DETERMINANTS OF HEALTH INDICATORS

Healthy Child Development

Childhood Immunization Rates – When compared to the rest of the province, South Westman had the highest percentage of children with complete recommended vaccine schedules.

% Children with Complete Recommended Vaccine Schedules 1997 - 1998 & 1987 - 1988

	1997 - 1998	1987 - 1988
South Westman	92 %	78.5 %
Manitoba	83 %	62.5 %

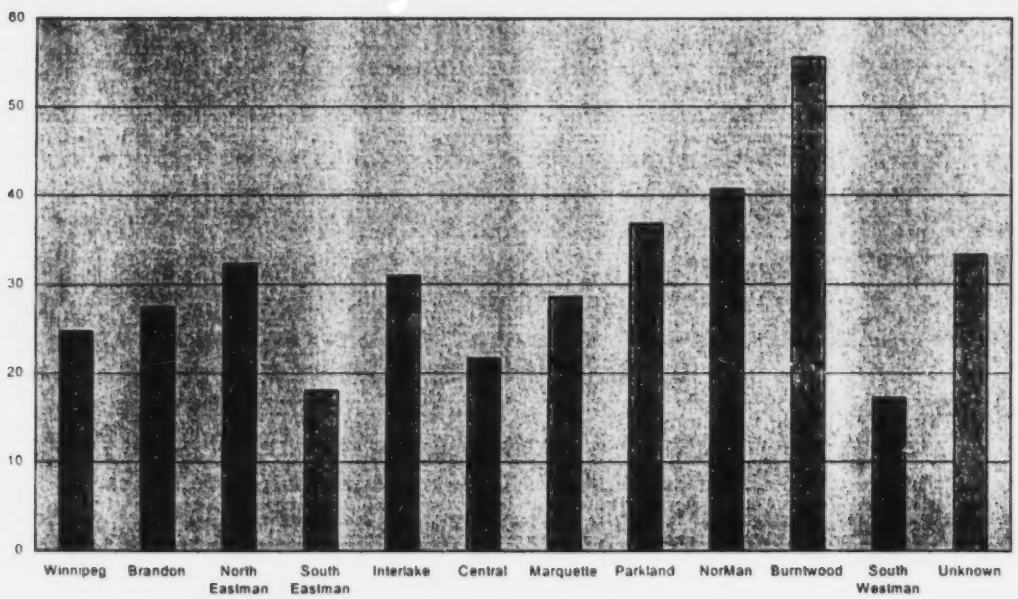
(Source: Manitoba Health 2000)

Personal Health Practices/Coping Skills

Proportion of Pregnant Women who Smoke during Pregnancy

This proportion is the lowest of any region in Manitoba at 17.20%. However, 107 women in South Westman did smoke while pregnant.

Proportion of Pregnant Women who Smoke during Pregnancy 1997 - 1998



Employment/Working Conditions

Unemployment Rate

South Westman's unemployment rate in 1996 was the lowest in the province.

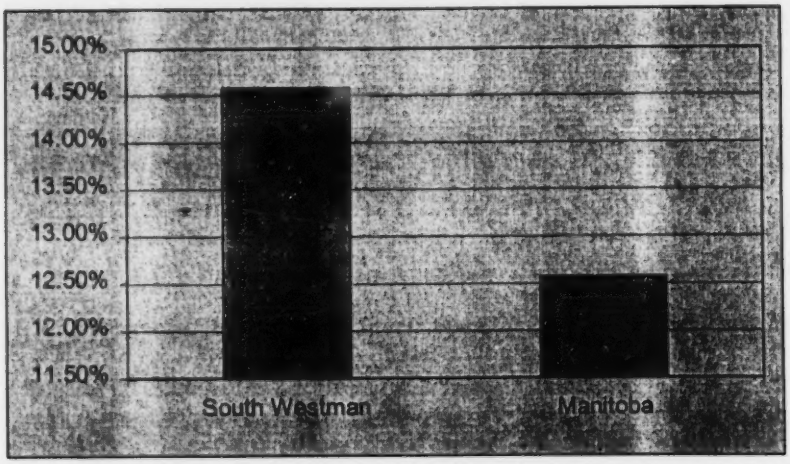
Unemployment Rate
1996

(Source: Statistics Canada 1996 Census)

Education

The percentage of the population 15+ with less than nine years of schooling is higher than Manitoba as a whole.

Proportion of Population 15+
With Less Than 9 Years of Schooling
1996



(Source: Statistics Canada 1996 Census)

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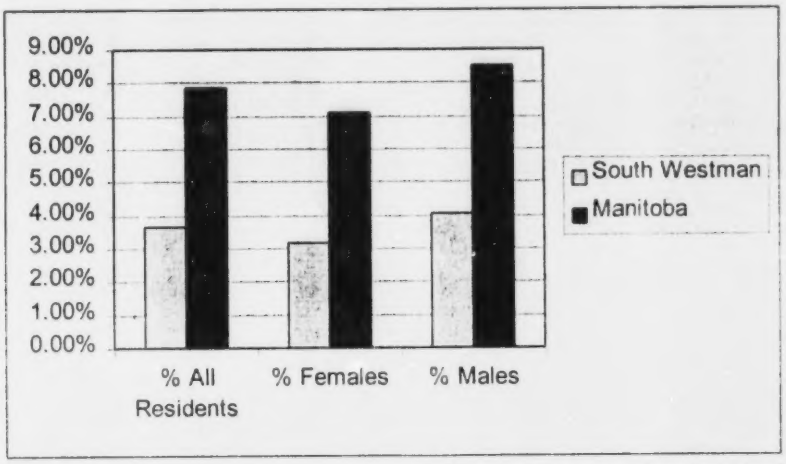

(Source: Statistics Canada 1996 Census)

Education

The percentage of the population 15+ with less than nine years of schooling is higher than Manitoba as a whole.

Proportion of Population 15+
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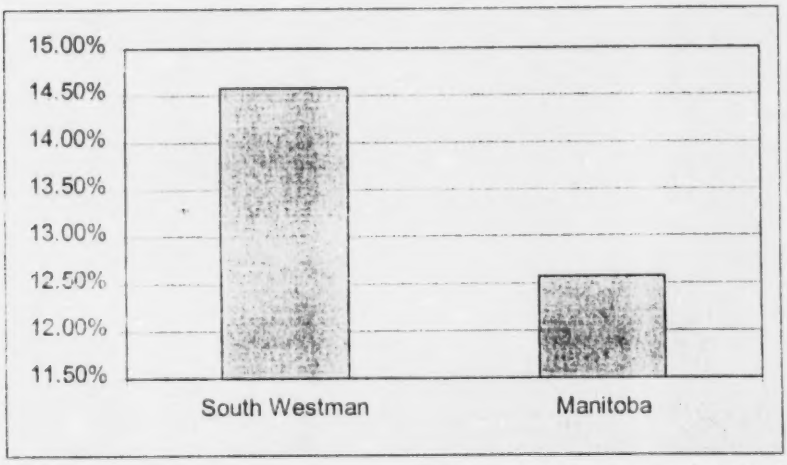


(Source: Statistics Canada 1996 Census)

1999/00 YEARS ACTIVITIES

PROGRAMS

The South Westman Regional Health Authority is responsible for ensuring reasonable access for the population of South Westman, to a range of core health services.

Health Promotion / Education

Along with the Region's Public Health Nurses, health education is provided in South Westman by a half time Health Promotion Coordinator. As well, in partnership with Brandon RHA, a 0.7 EFT Dietitian has been hired to increase awareness of diabetes and cardiovascular health, implement prevention strategies and educate health professionals regarding diabetes care and management.

PreSchool Wellness Fairs, held in 6 communities in South Westman, offered screening in growth and development, speech / language, hearing and vision, as well as information about community resources to approximately 450 preschool children and their parents.

Public Health and Education Services established a partnership with the Alliance for the Prevention of Chronic Diseases to offer health promotion opportunities to staff.

The Women's Health Program was established as a two year pilot project in Boissevain and Melita. The main goal of the program is to promote good health through the encouragement and provision of preventative measures to reduce the risk factors that most endanger the health of women in South Westman. Clinical services such as pap tests as well as medical advice on women's health issues such as osteoporosis, menopause, hormone replacement therapy, body image and reproductive health are offered. In addition, education programs are provided to increase public awareness and education on women's health issues.

Health Protection

These services safeguard the health and safety of the public and include communicable disease control (eg. Immunization programs), mandated environmental health protection and Medical Officer of Health services. These services are primarily provided by South Westman Public Health Nurses and the Medical Officer of Health.

1999 / 2000 was the second year of the Grade 4 Hepatitis B immunization program offered by South Westman Public Health Nurses. Approximately 86%

of Grade 4 students completed the 3 dose series which is an increase from 69% the previous year.

Flu immunization is an annual campaign coordinated by South Westman Public Health Nurses in partnership with Manitoba Health, Education Services, physicians, personal care home staff, Services to Seniors Coordinators and scores of volunteers. It is estimated that up to 75,000 hospitalizations and 6,700 deaths each year in Canada are associated with influenza virus infection. Studies have shown that annual influenza immunization is effective in preventing hospital admission and death. A total of 5291 South Westman residents received the flu shot in the 1999 - 2000 flu season. This was a 19% increase from flu shots given in 1998 - 1999.

Prevention & Community Health Services

These services are directed at persons, families and groups in communities who are at risk for developing a health problem, disease or disorder and at reducing hazardous environments. These services include reproductive health services; nutrition education; home economist services; hearing services; diabetes education; preventing injury, chronic disease and substance abuse / addictions and oral health. These services are provided to South Westman residents by Public Health Nurses, dieticians, audiologists and community substance abuse / addictions workers.

The "Baby First" initiative continued in South Westman in 1999 / 2000 with 1.7 EFT Home Visitors providing services. Baby First is a community based, early childhood program designed to provide services to families living in conditions of risk who have children from prenatal to 3 years of age. Baby First emphasizes positive parenting, enhanced parent-child interaction, improved child health and development, and optimal use of community resources.

In partnership with the Brandon and Marquette RHAs, the South Westman RHA established a regional respiratory program. The regional respiratory program focuses on the prevention of respiratory disease, support to clients with existing respiratory disease and services related to equipment used in the treatment of respiratory disease. Community clinics have been established throughout South Westman.

Treatment, Emergency & Diagnostic Services

All services provided in hospitals, emergency departments and lab & xray units are included in this category. Currently, South Westman has a total of 181 acute care beds in 11 facilities. The South Westman Community Health Needs Assessment showed low acute care bed utilization across the region. Appendix

B identifies South Westman's utilization rates for 1999/2000 for Acute Care and Emergency Room Visits.

There are 28 active practicing physicians providing service in South Westman. 1999 / 2000 saw the departure of 3 physicians as well as the retirement of Dr. Knight (Souris) and Dr. Dow (Killarney). Recruitment efforts were successful and South Westman welcomed 4 new physicians. South Africa continues to be our main source of medical manpower although efforts to recruit Canadian grads continue. The Medical Advisory Council is considering the development of a Physician Resource plan to ensure appropriate physician services throughout South Westman.

Over the 1999/2000 year, South Westman EMS has implemented several improvements to the overall delivery of emergency medical services. The emergency response component has added new skills to support victims of allergic reactions, diabetes, and heart attacks. As well, many communities are now equipped to provide non-transporting first response capability when their local ambulance is unavailable. EMS personnel have also been active in areas such as educational sessions, first aid and CPR programs, and injury prevention activities.

As part of a tri-regional initiative between the South Westman, Marquette and Brandon RHAs, a tri-regional surgery program was introduced. South Westman welcomed a general surgeon from Brandon who offers day surgery procedures (such as hernia repairs, carpal tunnels, etc.) at the Souris Health Centre. The purpose of this initiative is to bring appropriate services closer to home and assist in decreasing surgery waiting times.

Development and Rehabilitative Support Services

Adult physiotherapy and occupational therapy services continue to be provided by Community Therapy Services Inc. on a contract basis. Residents of South Westman requiring intensive inpatient therapy are currently transferred to rehabilitation units in other regions.

Currently there are 2.8 EFT Physiotherapy positions and 1.6 Occupational Therapy positions funded by Manitoba Health. The therapists continue to provide high quality service despite increasing demands in all program areas.

There were a number of staffing changes in 1999 - 2000. Currently, 4 physiotherapists fill the 2.8 EFT. Both occupational therapists, employed by CTS, left their positions and were unable to be replaced. Occupational therapy vacancies have presented a challenge to health care staff in the region.

Recruitment efforts continue, and are impacted by a province wide shortage of therapists.

Home Based Care Services
These services include the Home Care program and linkages to the Adult Day Program and Support Services to Seniors programs.

For 1999/2000 the Home Care program provided services to approximately 1209 clients. The Assessment and Placement Review Team paneled 175 clients for Personal Care Home placement.

Service is delivered throughout the Region by dedicated and committed staff. At present, there are nine Home Care Case Coordinators, seven Home Care Resource Coordinators and approximately 180 Direct Service Staff.

Currently, there are two Self Managers on the program and two Family Managers. This option allows the Home Care client or family member to accept full responsibility for meeting his / her assessed care needs by coordinating, managing and directing non professional services needed to maintain independent community living.

Celebration teas and luncheons were held throughout the Region to celebrate the 25th Anniversary of Home Care in Manitoba. Pins were presented to all past and present Home Care staff.

Annual Adult Day Program reviews were completed. Regional attendance at these programs remains stable at approximately 70%. A regional meeting for Adult Day Program coordinators was arranged to provide a networking opportunity to enhance their job satisfaction and performance.

South Westman Regional Health Authority continues to provide a supportive and consultative role with Support Services to Seniors Boards and their employees. The second annual workshop for boards and employees was held in Souris in November 1999.

Long Term Care Services
There are a total of 487 Personal Care Home beds in South Westman region. The total number of Personal Care Home beds equates to 92.7 Personal Care Home beds per 1,000 population over the age of 70.

Appendix C provides 1999/2000 utilization rates for Personal Care Homes in South Westman.

Mental Health Services
Adult Community Mental Health Services continue to be provided by a team of 5 CMHWs in Souris, Virden, Killarney, Holland and Melita. A Mental Health Program Manager (shared with Marquette RHA) was hired in August 1999.

The Mental Health program continues to face heavy caseloads with the Child and Adolescent program moving to implementing a waiting list.

In response to the 1999 Farm Flood Disaster, the South Westman Regional Health Authority implemented a two person Disaster Relief Team. The Team met with municipal councils, parent councils, community groups, and individuals / families to discuss the impact of the farm crisis and to offer support and resources.

Substance Abuse and Addictions
The Addictions Foundation of Manitoba has a provincial mandate to provide education, treatment and support to the citizens of Manitoba. There are approximately 1.5 EFT Community Addictions Workers who provide service in the South Westman region.

Palliative Care
Palliative Care is the active, compassionate care provided for people who have a terminal illness. It is aimed to relieve pain and symptoms rather than cure the disease. The goal is the best possible quality of life for individuals and their families. Palliative Care programs are well established in the communities of Deloraine, Killarney, Melita, Reston and Treherne. South Westman's Palliative Care program is coordinated by a full time Palliative Care Coordinator who offers educational sessions requested by communities, facilities and programs and provides support to palliative care programs by assisting in their development and ongoing needs.

Accreditation
As part of its commitment to quality and excellence, the South Westman Regional Health Authority has requested an accreditation survey of its health programs and services provided in the region to take place in April 2001. To date, nine teams, encompassing over 100 staff and community members have begun the process of assessing the way health care is provided in the region and highlighting the areas of strengths as well as the opportunities for improvement.

Patient Satisfaction Survey
In an effort to understand and respond to the needs of the people that it serves, the South Westman Regional Health Authority initiated a satisfaction feedback

process for patients / clients using the services the SWRHA provides. To date, 210 of the 487 PCH surveys have been returned. Feedback from these surveys have led to positive changes including a more consistent admission process and improved communication with families. Regarding patient responses, 95 questionnaires have been returned. Of these questionnaires, 82 % rated the quality of service as "excellent" and 17% rated it as "good/fair".

HUMAN RESOURCES

The South Westman Regional Health Authority employs approximately 1700 staff. Human Resources provides regional support in the areas of personnel development and employment; recruitment and retention; labour relations; education services; and compensation and benefits.

In February 2000, an opportunity arose, following the retirements of two senior management staff, to revisit the SWRHA Organization structure. The reorganization resulted in the reduction of one Vice President position with a realignment of regional programs and services among the Chief Executive Officer, Vice President - Health Services and Vice President - Corporate Services. As well, one Community Health Manager position was reduced leaving five CHMs in South Westman. A Chief of Medical Staff was recruited on a part time basis.

With the restructuring, a shift from a management model to a leadership model was also implemented. This will assist in providing staff at the local levels the opportunity to provide input into day to day decisions as well as providing input into the overall direction for the Region.

To assist with the demands of the Human Resources department, a Manager - Human Resources position was created.

Negotiations for a new collective agreement with the Manitoba Government Employees' Union - representing the Professional / Technical bargaining unit, continued throughout the year. The negotiations were difficult and time consuming as both parties were working towards standardized health care language in what was previously a provincial agreement.

The Region experienced increased pressure on operations as a result of a shortage of professional staff, particularly Registered Nurses in acute care facilities. The unavailability of Registered Nurses to fill relief positions put the Region in a position of having to approve overtime in many facilities for additional shifts as well as resulting in the temporary closure (for two weeks) of

one facility to allow nursing staff the opportunity for vacation. It is apparent that the nation wide nursing resource issues will continue to be a major concern.

The SWRHA has formed a Nursing Resource Task Force to assist in the development of strategies to ensure an adequate nursing workforce in South Westman. Membership includes representation from management, Unions and Educational facilities.

Serious professional staff shortages also exis. in therapy services and diagnostic services.

The Education Services department has developed to include a Manager and three Coordinators. This team is responsible for providing staff education, staff health, and infection control. The team met with staff throughout the region to determine learning needs and define the goals and activities of the Education Services department. Amongst their activities, the team was involved in planning the "Something Old, Something New: Stroke Care in Manitoba" workshop and the "Mindful Care Conference".

SUPPORT SERVICES

The South Westman RHA worked hard to ensure its readiness for the Year 2000. Preparations were made in the event of any system failures. Although the new year arrived without incident, the disaster planning reviews were valuable.

The Manager of Information Technology has inventoried all computers in South Westman. Several computers were replaced to meet Year 2000 requirements.

Construction Highlights:

- Wawanesa celebrated their sod turning for a new 6 bed community health centre including lab & xray and physician's clinic. Gateway Construction of Winnipeg was awarded the contract. The new Wawanesa Health Centre is expected to open in April 2000.
- The nine bed Hartney Medical Nursing Unit, which was constructed in the 1940s will be replaced with a new 20 bed Community Health Centre. The community of Hartney celebrated their sod turning for the facility that will include 20 Personal Care Home beds, a physician's office and a public health office. The original construction company awarded the project defaulted on their obligations prior to completion. FWS Construction was hired to complete the project. The new Hartney Community Health Centre is expected to open in July 2000.
- Reston Health Centre is undergoing renovations to accommodate a new physician's clinic. These renovations will allow community services to

move their office to the main floor allowing for easier access for their clients. Construction is expected to be completed in May 2000.

- Ten additional beds will be added to the Personal Care Home at the Souris Health Centre. This addition will be made in conjunction with the closure of Victoria Park Lodge, a level 1 & 2 facility. Renovations will also be done to the existing facility to increase the activity area for the residents. As with the Hartney project, the original construction company defaulted and FWS Construction was hired to complete the project. Construction is expected to be completed in June 2000.
- Additional office will be added to the existing Deloraine Health Centre to accommodate a physician's clinic that was previously located off-site. The new space will also accommodate additional office space for Community Health Services. The new space is expected to be occupied September 2000.
- Tri Lake Health Centre (Killarney) added an additional 2400 square feet to their existing building to accommodate a physician's clinic previously located at a downtown location. The new space is expected to be occupied in April 2000.
- A new corporate office building was constructed in the Town of Souris. The new building, occupied in January 2000, brought the organization's executive team members, finance services personnel, human resources and support services managers, under one roof. The building also provides meeting space for the Board and RHA team meetings.

FINANCE SERVICES

The Financial Services department has implemented the ESP (Environment for Scheduling Personnel) Staff Scheduling system and has 5 facilities on the system. Eventually, all 19 health facilities and programs in South Westman will be on the scheduling system.

The Region experienced a $1,668,314 deficit for the year ending March 31, 2000. Discussions are ongoing with Manitoba Health in attempts to resolve the funding issues.

Audited Financial Statements for the period ending March 31, 2000 are attached.

In accordance with Bill 57 of the *Public Sector Compensation Disclosure Act*, the Public Sector Compensation Disclosure for South Westman Regional Health Authority is available by contacting the Regional Office at (204)483-5000 or 1-888-682-2253.

BDO

BDO Dunwoody LLP
Chartered Accountants
and Consultants

Wawanesa Building
5th Floor 191 Broadway
Winnipeg Manitoba Canada R3C 3T8
Telephone (204) 956-7200
Telefax (204) 926-7201

Auditors' Report

To the Board of Directors of
SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.

We have audited the balance sheet of **SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.** as at March 31, 2000 and the statements of operations, changes in net assets and cash flows for the year then ended. These financial statements are the responsibility of the organization's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion, these financial statements present fairly, in all material respects, the financial position of the organization as at March 31, 2000 and the results of its operations and the changes in its cash flows for the year then ended in accordance with generally accepted accounting principles.

BDO Dunwoody LLP

Chartered Accountants

Winnipeg, Manitoba
August 4, 2000

SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.
Balance Sheet

March 31	2000	1999
Assets		
Current Assets		
Cash	$ 123,014	$ 7,390,691
Temporary investments	2,606,241	-
Accounts receivable (Note 1)	2,180,423	917,916
Deferred benefit entitlements (Note 2)	2,812,827	2,643,368
Inventories	424,285	623,343
Prepaid expenses	65,524	91,920
	8,212,314	11,667,238
Capital assets (Note 3)	40,729,676	31,128,556
Trust assets	39,018	39,060
	$ 48,981,008	$ 42,834,854
Liabilities and Net Assets		
Current Liabilities		
Accounts payable and accrued liabilities	$ 3,181,329	$ 3,215,777
Current portion of long-term debt (Note 4)	12,427,910	5,036,758
Deferred benefit entitlements (Note 2)	2,812,827	2,643,368
	18,422,066	10,895,903
Long-term debt (Note 4)	5,314,093	5,372,127
	23,736,159	16,268,030
Deferred contributions (Note 5)	23,437,734	23,093,335
Deferred income (Note 6)	97,176	71,756
Trust liabilities	39,018	39,060
Total liabilities	47,310,087	39,472,181
Net Assets		
Net assets invested in capital assets (Note 7)	2,336,526	1,158,219
Net assets internally restricted (Note 8)	1,825	6,199
Unrestricted net assets	(667,430)	2,198,255
	1,670,921	3,362,673
	$ 48,981,008	$ 42,834,854

On behalf of the Board:

Director

Director

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.
Statement of Operations

For the year ended March 31	2000	1999
Revenues		
Manitoba Health operating income (Note 11)	$ 39,593,770	$ 35,801,917
Non-insured income	5,653,595	5,727,171
Amortization of deferred contributions	1,920,930	1,887,291
Other income	1,414,181	1,360,291
Ancillary revenue	348,058	346,049
Province of Manitoba	142,217	-
	49,072,751	45,122,719
Expenses		
Long-term care	17,066,479	16,438,675
Acute care expenses	15,629,209	14,618,530
Medical remuneration	3,907,240	3,244,959
Community-based home care services	3,844,101	3,265,902
Regional health authority costs	2,814,627	1,486,920
Amortization of capital assets	1,871,995	1,827,236
Land ambulance	1,480,306	1,209,787
Community-based health services	1,261,436	1,028,576
Year 2000, flood disaster and construction officer costs	1,138,987	272,899
Interest on long-term debt	562,627	521,274
Community-based mental health services	427,589	330,589
Ancillary expenses	300,243	306,386
Community-based therapy services	269,555	261,126
Community-based services administration	166,671	156,119
	50,741,065	44,968,978
Excess (deficiency) of revenues over expenses for the year	$ (1,668,314)	$ 153,741

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.
Statement of Changes in Net Assets

For the year ended March 31	Invested in Capital Assets	Internally Restricted	Unrestricted	2000 Total	1999 Total
Balance, beginning of year	$ 1,158,219	$ 6,199	$ 2,198,255	$ 3,362,673	$ 3,513,778
Prior period adjustments (Note 9)	-	11,503	(34,941)	(23,438)	(304,846)
Interfund transfers (Note 10)	1,315,514	(15,877)	(1,299,637)	-	-
Net income, for the year	(137,207)	-	(1,531,107)	(1,668,314)	153,741
Balance, end of year	$ 2,336,526	$ 1,825	$ (667,430)	$ 1,670,921	$ 3,362,673

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

SOUTH WESTMAN REGIONAL HEALTH AUTHORITY INC.
Statement of Cash Flows

For the year ended March 31	2000	1999
Cash Flows from Operating Activities		
Excess (deficiency) of revenues over expenses	$ (1,668,314)	$ 153,741
Items not involving cash		
Prior period adjustment	(23,438)	-
Amortization of deferred contributions	(1,920,930)	(1,887,291)
Amortization of capital assets	1,871,995	1,827,236
	(1,740,687)	93,686
Changes in non-cash working capital balances		
Accounts receivable	(1,262,507)	3,468,249
Inventories	199,058	(57,377)
Prepaid expenses	26,396	(19,410)
Short-term investments	(2,606,241)	-
Funds held by Manitoba Health	-	77,972
Accounts payable and accrued liabilities	(34,451)	(2,989,375)
	(5,418,432)	573,745
Cash Flows from Investing and Financing Activities		
Purchase of capital assets	(11,473,115)	(2,381,739)
Donations received	363,388	588,061
Manitoba Health capital funding	1,901,944	1,245,215
Increase (decrease) in long-term debt	7,333,118	(584,752)
Decrease in deferred income/contributions	25,420	(42,789)
	(1,849,245)	(1,176,004)
Increase in cash during the year	(7,267,677)	(602,259)
Cash and cash equivalents, beginning of year	7,390,691	7,992,950
Cash and cash equivalents, end of year	$ 123,014	$ 7,390,691

The accompanying summary of significant accounting policies and notes are an integral part of these financial statements.

March 31, 2000

1. Accounts Receivable

	2000	1999
Due to Manitoba Health (Out of Globe)	$ 874,449	$ 416,389
Due to Manitoba Health (Past Commitments)	277,993	-
Trade	1,027,981	501,527
	$ 2,180,423	$ 917,916

Any operating surplus related to Out of Globe funding arrangements or operating surpluses greater than 2% of budget related to In Globe funding arrangements for the year is carried on the balance sheet as a payable due to Manitoba Health until such time as Manitoba Health reviews the financial statements. At that time Manitoba Health determines what portion of the approved surplus may be retained by South Westman Regional Health Authority Inc. and what must be repaid to Manitoba Health.

Conversely, any operating deficit related to Out of Globe funding arrangements is carried on the balance sheet as a receivable from Manitoba Health until Manitoba Health reviews the financial statements. At that time Manitoba Health submits their final cost approvals which indicate the portion of the deficit that will be paid to South Westman Regional Health Authority Inc. Effective in 1992 the Province of Manitoba implemented a no deficit recovery policy which, subject to an appeal by the Regional Health Authority, stipulates that Manitoba Health will not fund deficits related to In Globe funding arrangements. Any unapproved costs not paid by Manitoba Health are absorbed by the Regional Health Authority.

Differences that may occur on final settlement of approved costs are charged directly to current years operations.

2. Deferred Benefit Entitlements

Certain accrued employee benefit costs, including vacation pay and pre-retirement leave are recorded in accordance with the policy determined by Manitoba Health. This policy is to disclose the amount of both the accrued liability for these costs and the related amount receivable from Manitoba Health separately in the statement of financial position. Neither the change of the accruec liability or the related receivable is recorded in the statement of operations.

3. Capital Assets

	2000			1999		
	Cost	Accumulated Amortization	Net Book Value	Cost	Accumulated Amortization	Net Book Value
Land	$ 246,002	$	$ 246,002	$ 246,002	$ -	$ 246,002
Buildings	38,325,947	13,599,399	24,726,548	38 830,263	12,636,979	24,193,284
Leaseholds	6,000	6,000		6,000	4,000	2,000
Equipment, ambulance garages, ambulance radios, vehicles and computers	19,911,917	14,972,079	4,939,838	18.308,256	13,894,339	4,413,917
Construction in progress	10,541,224	-	10,541,224	1 976,164	-	1,976,164
Land improvements	1,026,493	750,429	276,064	1,011,956	714,767	297,189
	$ 70.057,583	$ 29,327,907	$ 40,729,676	$ 58,378,641	$ 27,250,085	$ 31,128,556

4. Long-term Debt

	2000	1999
Mortgage payable to Canada Mortgage and Housing Corporation at 5.43%, due December 1, 2015, monthly payments of $3,933 principal and interest, secured by a mortgage on buildings.	$ 500,911	$ 520,567
Mortgage payable to Canada Mortgage and Housing Corporation at 10.00%, due October 1, 2027, monthly payments of $2,702 principal and interest, secured by a mortgage on buildings.	308,540	310,626
Mortgage payable to Canada Mortgage and Housing Corporation at 10.00%, due October 1, 2027, monthly payments of $1,855 principal and interest, secured by a mortgage on buildings.	211,821	213,253
Mortgage payable to Canada Mortgage and Housing Corporation at 6.19%, due January 1, 2008, monthly payments of $6,985 principal and interest, secured by a mortgage on buildings.	524,714	571,091
Mortgage payable to Canada Mortgage and Housing Corporation at 8.00%, due June 1, 2026, monthly payments of $2,336 principal and interest, secured by a mortgage on buildings.	310,846	314,275
Mortgage payable to Canada Mortgage and Housing Corporation at 10.50%, due March 1, 2028, monthly payments of $4,123 principal and interest, secured by a mortgage on buildings.	454,053	456,720
Mortgage payable to Canada Mortgage and Housing Corporation at 8.00%, due July 1, 2026, monthly payments of $1,778 principal and interest, secured by a mortgage on buildings.	234,926	239,297
Mortgage payable to Canada Mortgage and Housing Corporation at 10.00%, due May 1, 2028, monthly payments of $2,644 principal and interest, secured by a mortgage on buildings.	300,940	302,868
Mortgage payable to Canada Mortgage and Housing Corporation at 6.83%, due October 1, 2016, monthly payments of $4,514 principal and interest, secured by a mortgage on buildings.	540,191	557,260

4. Long-term Debt (continued)

Mortgage payable to Canada Mortgage and Housing Corporation at 6.875%, due December 1, 2019, monthly payments of $1,369 principal and interest, secured by a mortgage on buildings.	**178,500**	182,667
Mortgage payable to Canada Mortgage and Housing Corporation at 5.125%, due September 1, 2009, monthly payments of $514 principal and interest, secured by a mortgage on buildings.	**46,415**	50,126
Mortgage payable to Canada Mortgage and Housing Corporation at 7.75%, due October 1, 2022, monthly payments of $2,763 principal and interest, secured by a mortgage on buildings.	**353,855**	359,571
Mortgage payable to Tiger Hills Credit Union Limited, at 6.32%, monthly payments of $8,001 principal and interest, secured by a first charge against the Tiger Hills Villa land and building, a general assignment of all rents and leases and a chattel mortgage covering the appliances in the Tiger Hills Villa.	**1,289,199**	1,303,013
Mortgage payable to the Royal Bank at 6.95%, due December 3, 2001, monthly payments of $455 principal and interest.	**59,182**	60,528
Loan payable to the Royal Bank at 6.00%, due July 5, 2000.	**4,681,728**	4,898,052
Loan payable to the Royal Bank at 6.07%, due July 7, 2000.	**4,435,440**	-
Loan payable - Royal Bank prime less 0.50%, due April 1, 2007, repayable in monthly instalments of $558 plus interest.	**46,788**	53,484
Demand loan payable - Royal Bank prime less 0.50%.	**263,366**	-
Loan payable to the Killarney Foundation at 6.25%, due January 1, 2001 repayable in monthly instalments of $747 principal and interest.	**7,259**	15,487
Demand loan payable - Royal Bank prime less 0.50%.	**2,512,708**	-
Demand loan payable - Royal Bank prime less 0.50%.	**480,621**	-
	17,742,003	10,408,885
Less current portion	**(12,427,910)**	(5,036,758)
	$ 5,314,093	$ 5,372,127

4. Long-term Debt (continued)

Principal repayments for the next five years and thereafter are as follows:

2001	$ 12,427,910
2002	205,500
2003	157,000
2004	167,200
2005	167,200
Thereafter	4,617,193
	$ 17,742,003

5. Deferred Contributions

Spent and unspent deferred contributions represent restricted capital funding received from Manitoba Health. Donations were received from other sources restricted for the purchase of depreciable capital assets.

	Spent	Unspent	Other	Total
Balance, beginning of year	$ 19,466,596	$ 657,035	$ 2,969,704	$ 23,093,335
Funding Manitoba Health	895,927	1,006,017	-	1,901,944
Donations received	-	-	252,370	252,370
Interest earned	-	-	110,019	110,019
Other receipts	-	20,775	-	20,775
Capital asset purchases	2,784,258	(1,902,941)	(881,317)	-
Re-classification	(743,594)	743,594	-	-
Amortization	(1,940,709)	-	-	(1,940,709)
Balance, end of year	$ 20,462,478	$ 524,480	$ 2,450,776	$ 23,437,734

6. Deferred Income

Deferred income relates to non-capital expenses of future periods and represents unspent resources externally restricted. Deferred income will be recognized when the related expenses are incurred.

	2000	1999
Balance, beginning of year	$ 71,756	$ 114,545
Amount deferred in the year	97,087	38,343
Amount recognized as revenue in the year	(71,667)	(81,132)
Balance, end of year	$ 97,176	$ 71,756

7. Net Assets Invested in Capital Assets

	2000	1999
Cash	372,796	396,013
Capital assets	40,729,676	31,128,556
Due to operating fund	(8,574,602)	(1,174,539)
Accounts payable	-	(22,836)
Long term debt	(9,204,387)	(9,045,344)
Deferred contributions	(20,986,194)	(20,123,631)
	$ 2,337,289	$ 1,158,219

8. **Net Assets Internally Restricted**

Represents donations received which do not have a specified purpose. The Board restricts the donations in accordance with the community which provided the donation in order to ensure that the donations are used to support the health programs of that same community.

9. **Prior Period Adjustments**

The prior period adjustment has resulted from a number of adjustments to the net assets, due from (to) Manitoba Health and deferred contributions which could only be determined subsequent to the prior year's audit report date once complete information became available. The net aggregate effect of the adjustments has resulted in an increase in Net Assets - Invested in Capital Assets of $11,503, a decrease in Net Assets - Unrestricted of $34,941, an increase in Deferred Contributions - Unspent of $23,176 and an increase in Revenue of $262.

10. **Interfund Transfers**

$1,315,514 of net assets - unrestricted funds were transferred to the net assets invested in capital assets in order to allow the greater capital asset acquisitions.

11. **Manitoba Health Operating Income**

	2000	1999
Budgeted Items	$ 38,043,107	$ 35,049,690
Current adjustments (Out of Globe)	1,453,787	805,613
Past adjustments	7,832	(53,386)
Non-budgeted	89,044	-
	$ 39,593,770	$ 35,801,917

12. **Financial Information at Different Dates**

The following entities have been consolidated into these financial statements as at December 31, 1999 and December 31, 1998, respectively:

Baldur Handi-Van Service
Glenboro Handi-Van Service
Hartney Handi-Transit
Souris Handi-Transit
Tiger Hills Handi-van Service

The reporting period covered by these entities is from January 1, 1999 to December 31, 1999 and from January 1, 1998 to December 31, 1998, respectively. These entities have not been reported as at March 31, 2000 and March 31, 1999, respectively, due to the reporting requirements of their funding agency: The Province of Manitoba - Department of Highways and Transportation. There have been no significant transactions in the intervening period between December 31, 1999 and March 31, 2000 and December 31, 1998 and March 31, 1999, respectively. Details regarding these entities assets, liabilities, net assets as at March 31, 2000 and March 31, 1999, and their revenues and expenses for the three (3) month intervening period have not been prepared since these entities are not significant to South Westman Regional Health Authority Inc. as a whole.

13. Entities Consolidated based on MHRC Reporting Standards

The financial statements of The Tiger-Hills Villa Inc. are prepared in accordance with the accounting principles required by Manitoba Housing and Renewal Corporation (MHRC). The difference between accounting principles used by Tiger-Hills Villa Inc. and South Westman Regional Health Authority Inc. would not result in significant changes to these financial statements as a whole

14. Contingencies

The Authority is subject to individual legal actions arising in the normal course of business. It is not expected that these legal actions will have a material adverse effect on the financial position of the Authority.

15. Economic Dependence

South Westman Regional Health Authority Inc. received 85% of its total revenue for the year ended March 31, 2000 from the Manitoba Health.

16. Commitments

A group of hospitals, including the Authority, have formed the Healthcare Insurance Reciprocal of Canada (HIROC) which pools the public liability insurance risks of its members. All members are subject to re-assessment for losses, if any, experienced by the pool for the years in which they were members, and these losses could be material. No re-assessments have been made to March 31, 2000.

17. Pension Plan

Substantially all of the employees of the Authority are members of the Health Employees Pension Plan (HEPP), which is a multi-employer defined benefit pension plan. HEPP plan members will receive benefits based on the length of service and on the average of annualized earnings during the five consecutive years prior to retirement, termination or death, that provides the highest earnings.

Pension assets consist of investment grade securities. Market and credit risk on these securities are managed by HEPP by placing plan assets in trust and through HEPP investment policy.

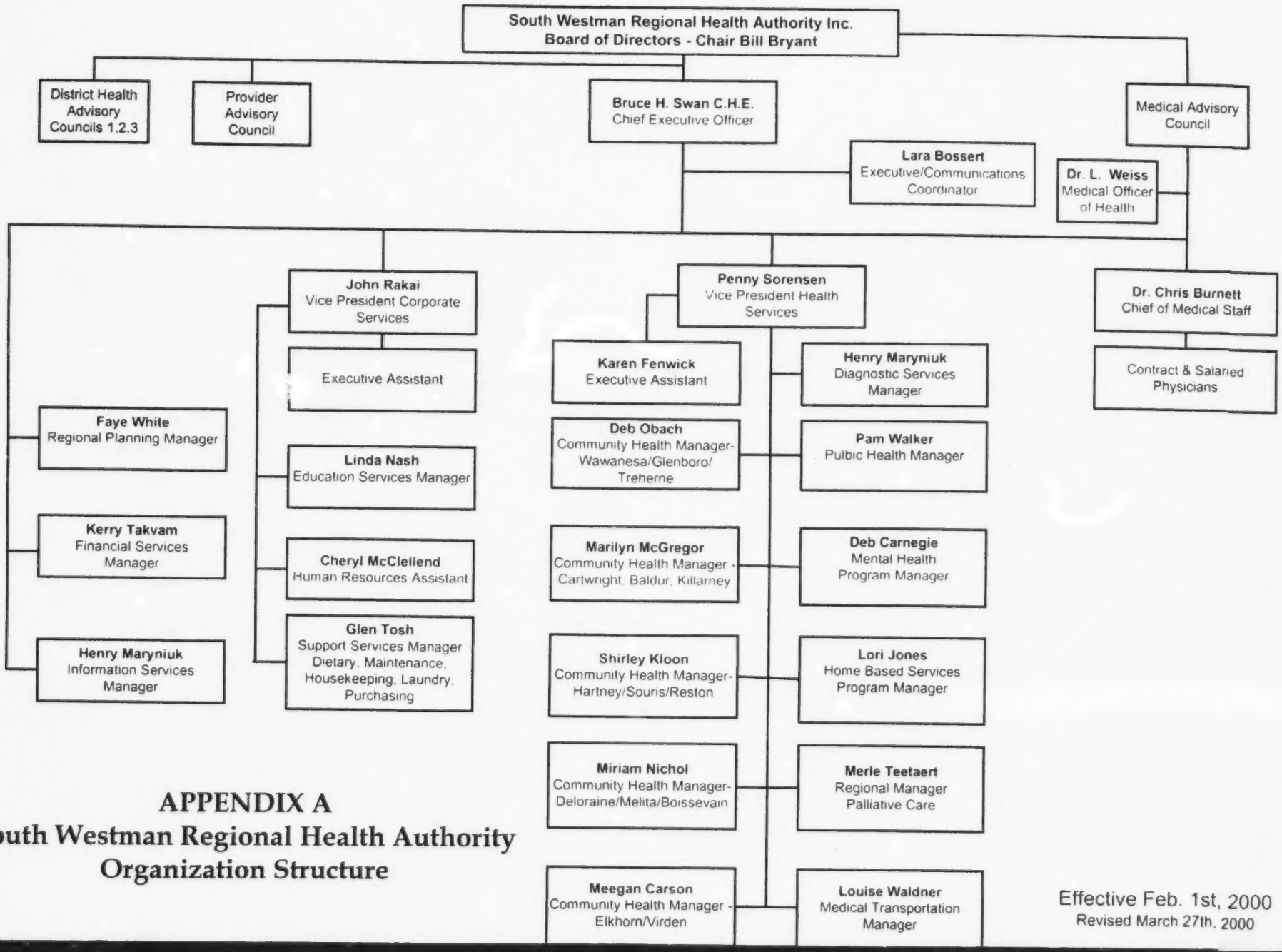
The most recent actuarial valuation of the Plan at December 31, 1999 indicates the Plan is fully funded. The Civil Service Superannuation Plan is unfunded and requires no contributions by the Authority.

18. Uncertainty Due to the Year 2000 Issue

The Year 2000 Issue arises because many computerized systems use two digits rather than four to identify a year. Date-sensitive systems may recognize the year 2000 as 1900 or some other date, resulting in errors when information using year 2000 dates is processed. In addition, similar problems may arise in some systems which use certain dates in 1999 to represent something other than a date. Although the change in date has occurred, it is not possible to conclude that all aspects of the Year 2000 Issue that may affect the organization, including those related to customers, suppliers, or other third parties, will be fully resolved.

19. Comparative Figures

The comparative amounts presented in the financial statements have been restated to conform to the current year's presentation.



APPENDIX A
South Westman Regional Health Authority
Organization Structure

Effective Feb. 1st, 2000
Revised March 27th, 2000

South Westman Regional Health Authority
1999/00 Statistical Summary - Inpatients

Facility	Admissions	Inpatient Days	Average Length of Stay	# of beds	Total % Occupancy	Panelled Days	Panelled % Occupancy	Acute Days	Acute % Occupancy
Virden Hospital	758	5613	7.41	25	62%	471	5%	5142	56%
Deloraine Health Centre	341	3710	10.88	18	56%	238	4%	3472	53%
Melita Health Centre	301	2834	9.42	11	71%	77	2%	2757	69%
Reston Health Centre	78	1575	20.19	17	25%	387	6%	1188	19%
Tri-Lake Health Centre	549	5491	10.00	26	58%	768	8%	4550	48%
Baldur Health District	95	2529	26.62	14	49%	1266	25%	1263	25%
Boissevain Health Centre	497	2676	5.38	12	61%	248	6%	2428	55%
Glenboro Health District	110	1821	16.55	14	36%	799	16%	1022	20%
Souris Health District	534	6234	11.67	30	57%	658	6%	5576	51%
Tiger Hills Health District	334	3824	11.45	15	70%	1213	22%	2611	48%
Wawanesa Hospital	247	1538	6.23	9	47%	274	8%	1264	38%
TOTALS	3,844	37,845	12.35	191	54%	6,399	10%	31,273	44%
Cartwright Hospital	5	3538	N/A	10	97%	3439	94%	99	3%
Hartney MNU	6	3044	N/A	9	93%	3042	93%	2	0%

****NOTE** - Cartwright and Hartney are shown separately due to their unique circumstances.
(Funded as Acute, operating as PCH)

APPENDIX B
Acute Care/ Emergency Room Utilization

South Westman Regional Health Authority
1999/00 Statistical Summary - Emergency Room Visits

Facility	Scheduled	Same day	Emergent	Urgent	Non-Urgent	Total Emergency Visits
Virden Hospital	1458	551	73	1890	1002	4974
Deloraine Health Centre	981	9	67	663	663	2383
Melita Health Centre	841	4	58	831	1255	2989
Reston Health Centre	472	38	14	139	160	823
Tri-Lake Health Centre	1296	172	125	765	918	3276
Cartwright	143	1	0	3	98	245
Baldur Hospital	427	27	32	197	579	1262
Boissevain Hospital	229	265	91	762	315	1662
Glenboro Hospital	864	17	32	419	717	2049
Hartney Hospital	1856	0	0	6	162	2024
Souris Hospital	2369	737	29	396	1863	5394
Tiger Hills Hospital	992	82	48	333	902	2357
Wawanesa Hospital	236	0	51	184	617	1088
TOTALS	12,164	1,903	620	6,588	9,251	30,526

South Westman Regional Health Authority
1999/00 Statistical Summary - Personal Care Homes

APPENDIX C

Facility	Resident Days	# Beds	% Occupancy
Westman Nursing Home	17,791	50	97%
Bren-Del-Win Lodge	10,303	30	94%
Deloraine Health Centre	5,748	16	98%
The Sherwood Home	17,103	50	94%
Melita Health Centre	7,248	20	99%
Reston Health Centre	7,212	20	99%
Tri-Lake Health Centre	21,865	60	100%
Elkwood Manor	8,606	24	98%
Baldur PCH	7,171	20	98%
Boissevain PCH	7,250	20	99%
Glenboro PCH	7,252	20	99%
Souris PCH	11,043	33	92%
Tiger Hills PCH	7,908	22	98%
Victoria Park Lodge	4,292	20	59%
Wawanesa PCH	7,110	20	97%
Westview Lodge	13,112	42	86%
TOTALS	161,014	467	94%

APPENDIX D
Health Status Indicators

Health Status Indicators

1. Length of Life
   - Premature Mortality
     - ⇒ Potential Years of Life Lost (Total and Major Categories)
     - ⇒ Potential Years of Life Lost (Proportionate, Specific Cause)
     - ⇒ Premature Mortality Rate

2. Deaths
   - SMR - Manitoba Population
   - Causes of Death by Gender for the Top 25 Diseases
   - Infant Mortality Rates

3. Diseases and Conditions
   - Birth Weight Rates
   - Incidence of Selected Notifiable Diseases
     - ⇒ Tuberculosis Incidence
     - ⇒ Chlamydia Infection Incidence
     - ⇒ Human Immunodeficiency Virus (HIV) Infection Incidence
     - ⇒ Shigellosis Incidence
   - Incidence of Selected Cancers
     - ⇒ Melanoma Incidence
     - ⇒ Breast Cancer Incidence
     - ⇒ Cervical Cancer Incidence
     - ⇒ Prostate Cancer Incidence
   - Incidence and Prevalence of Diabetes Mellitus
   - Mental Health
     - ⇒ Psychological Well Being - Sense of Coherence Scale
     - ⇒ Depression
     - ⇒ Suicide
     - ⇒ Psychiatric Hospitalizations

4. Ability to Function

5. Well Being

Determinants of Health Indicators

1. Healthy Child Development
   - Childhood Immunization Rates
     - ⇒ Proportion of 2 year olds fully immunized
     - ⇒ Proportion of 7 year olds fully immunized
   - Proportion of Infants Breastfed
   - Teenage Pregnancy Rate
   - Children in "Out of Home" Care

2. Personal Health Practices / Coping Skills
   - Smoking Rates
     - ⇒ Proportion of Regular Smokers
     - ⇒ Proportion of Pregnant Women who are Regular Smokers
   - Obesity Rates
   - Physical Activity Level
   - Proportion of Heavy Drinkers

3. Physical Environment
   - Water and Sewage Systems
     - ⇒ Proportion of Housing Units served by sewage systems
     - ⇒ Proportion of Housing Units served by potable water system

4. Employment / Working Conditions
   - Unemployment Rate

5. Education
   - Education Level

6. Income / Socioeconmic Status
   - Income Inequality

SW

SOUTH WESTMAN REGIONAL HEALTH AUTHORITY

Board of Directors

William Bryant	Barbara Bolack
Betty Christie	Robert Didluck
Kristine Janz	Glen Langton
Charles Lowes	Carole McCausland
Patricia Mitchell	Patricia Phillips
George Torrance	Ted Van de Kerckhove
Kevin Weidenhamer	

Management Team

Vacant	Chief Executive Officer
Penny Sorensen	VP- Health Services
John Rakai	VP- Corporate Services
Dr. Chris Burnett	Chief of Medical Staff
Kerry Takvam	Manager - Financial Services
Faye White	Manager - Regional Planning
Linda Nash	Manager - Education Services
Henry Maryniuk	Manager - Information Tech.
	Manager – Rural Diagnostics
Louise Waldner	Manager – Emergency Services
Pam Walker	Public Health Program Manager
Lori Jones	Home Based Services Manager
Deb Carnegie	Mental Health Program Manager
Glen Tosh	Support Services Manager
Cheryl McClelland	Manager – Human Resources

Community Health Managers

Meegan Carson: Virden Health Centre, Westman Nursing Home, The Sherwood, Elkwood Manor

Shirley Kloon: Souris Health Centre, Hartney Community Health Centre, Reston Health Centre

Miriam Nichol: Deloraine Health Centre, Bren Del Win Lodge, Melita Health Centre, Boissevain Health Centre, Westview Lodge

Marilyn McGregor: Tri Lake Health Centre, Cartwright Health Centre, Baldur Health Centre

Deb Obach: Wawanesa Health Centre, Tiger Hills Health Centre, Glenboro Health Centre